

PREVENT THE BITE

DAY & NIGHT

Protect yourself from Zika, Dengue, Chikungunya and West Nile virus.



COVER

Wear long sleeves, pants, and socks. Place mosquito netting over infant carriers, cribs, and strollers.

DRAIN

Empty containers that can hold water such as buckets, birdbaths, flower pots and toys.



PROTECT

When outdoors, wear an EPA-registered insect repellent and use according to label.



CLEAN UP

Don't feed the storm drains! Sweep up lawn clippings and leaves.



MAINTAIN

Install or repair screens on windows and doors. Use air conditioning, if possible.



More information at: www.hcphtx.org/Zika



Harris County
Public Health
Building a Healthy Community